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### **Mindy's Magical Yoga, by Ankita Nikrad**

- Share any 5 words that you would use to describe this piece.
- Mindy and Coco tried various *Asanas* in this piece – with a friend or a grown-up, try to do a few simple movements using various props (make sure you have a grown-up with you!) and write about your experience.
- Pick out a favourite scene in the piece and create an artwork based on it.
- This piece is about putting on a performance for a live audience using Yoga – if you were to use a skill to create a performance, which would it be? Write down 5 things that you will include.

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